



# 10 Steps: transition to adult services for young people with long term conditions

## Step 4: circle of support contacts list

10stepstransition.org.uk

**Name:**

**DoB:**

**Unit No:**

**NHS No:**

**Updated:**

Children's services				Adult services			
Professional role	Name	Telephone	Email	Professional role	Name	Telephone	Email
<b>Multidisciplinary community services</b>							
General Practitioner							
Community nurses							
<b>Specialist health services</b>							
Consultants							
Nurse specialists							
Nutrition and dietetics							



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Children's services				Adult services			
Professional role	Name	Telephone	Email	Professional role	Name	Telephone	Email
<b>Allied health professionals</b>							
Dentist							
Hearing and vision							
Wheelchair services							
<b>Pharmacy and medicines management</b>							
<b>Continuing care, hospice and short breaks</b>							
<b>Social care</b>							
Social worker							
Transport							
Finance and benefits							
Housing and independent living							
<b>Education and employment</b>							
School							